

## Premier Health Vestibular Symposium

### Course Description:

This course is intended to help PTs, PTAs, OTs, COTAs, and ATs gain and improve their vestibular diagnostic and treatment skills through evidence-based practice. This course is designed for beginner to intermediate level vestibular clinicians. It is intended for providers with a baseline vestibular knowledge who would like to expand their skill set. It will cover useful skills in the evaluation and treatment of benign paroxysmal positional vertigo, unilateral vestibulopathy, central dizziness, and post-concussion syndrome. The course will include lecture and hands-on lab components, allowing the participants to return to the clinic and start treating vestibular patients.

Topics include vestibular anatomy, oculomotor exam and lab, BPPV, Vestibular hypofunction, vestibular treatments, central dizziness, and concussion treatment. Learn the skills to treat vestibular patients of all ages from our team of experts!

### Presenters:

**Frank (Trey) Dossman III, PT, DPT, ITPT, AIB-VR** Trey Dossman graduated from The Ohio State University in 2012 with a BS in Psychology, and from Ohio University in 2015 with a Doctorate of Physical Therapy. Trey has been with Premier Health for 10 years as a physical therapist, and recently earned his ITPT (Impact Trained Physical Therapist) certification in 2023. Trey sees patients of nearly all types: orthopedic, neurological, amputee, and oncological, in addition to vestibular. He currently serves as the Clinical Site Supervisor of the Miami Valley North facility.

**Jim Christoffel, PT, DPT, NCS** Jim Christoffel received his Doctorate of Physical Therapy from Ohio University in 2017. Prior to that, he received his Bachelor's Degree in Organizational Leadership from Purdue University. Jim completed a Neurologic Physical Therapy residency with OhioHealth and Ohio University in 2018 and received his Neurological Clinical Specialist Certification in 2019. He has been treating individuals with neurological conditions, specifically those with Multiple Sclerosis, for the last 7 years. He currently serves as the Clinical Site Supervisor of the Premier Health Outpatient Neuro Rehabilitation program.

**Lisa Reith, PT, MPT, CSCS, ITPT, AIB-VRC, AIB-VR II** Lisa Reith graduated from Wright State University with a BS in Biology in 1996 and a Master's in physical therapy from Andrews University in 1998. She has been practicing physical therapy at Premier Health for 27 years, focusing on orthopedics, vestibular, and concussion patients. She is the Clinical Site Supervisor for MVH Huber Heights and MVH NW Wellness Center. She received her CSCS certification in 2007. She then completed her Certificate of Completion from the Susan Herdman/Emory University in Vestibular therapy in 2012. She soon afterwards started treating concussion patients and then received her ITPT (ImPACT Trained Physical Therapist) certification in 2016. She recently received her American Institute of Balance vestibular and concussion certification (AIB-VRC) in 2022 then completed the advanced American Institute of Balance vestibular certification (AIB- VR II) in April 2024.

### Course Schedule (8 CEU hours):

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|--------------------------------------------|------------------------------------------------------------------------|
| 8:00am - 8:30am Vestibular Anatomy Lecture | 1:00pm – 1:30pm- Vestibular Hypofunction                               |
| 8:30am - 9:30am Oculomotor Exam Lecture    | 1:30pm - 2:00pm Vestibular Treatment Techniques/lab                    |
| 9:30am - 10:00am Oculomotor Lab            | 2:00pm – 2:45pm Central Dizziness                                      |
| 10:00am - 10:15am BREAK                    | 2:45pm – 3:00pm BREAK                                                  |
| 10:15am - 10:45am BPPV                     | 3:00pm – 3:30pm Concussion Definition, Pathophysiology, & Prevention   |
| 10:45am – 12:15pm BPPV Lab                 | 3:30pm – 4:00pm Concussion Clinical Trajectory                         |
| 12:15pm – 1:00pm LUNCH (on own)            | 4:00pm –5:00pm Concussion Assessment and Treatment                     |
|                                            | 5:00pm – 5:15pm Question and Answer session and course eval completion |

**Program Fees:** \$200 for non-Premier Health employees and \$50 for Premier Health employees.

**Cancellation Policy:** Cancellations must be emailed in writing to Qasim Rizvi at [Qarizvi@premierhealth.com](mailto:Qarizvi@premierhealth.com). Cancellations prior to 4 weeks will receive 100% refund. Cancellations prior to 2 weeks then 50% refund. No refunds within 2 weeks of course date.

**Registration:** via the link: [Premier Health Vestibular Symposium - WSU Boonshoft School of Medicine & Premier Health CME Alliance - Continuing Education \(CE\) - Premier Health Vestibular Symposium](#)

**Directions and Parking:** The course will be located at Miami Valley Hospital South 2400 Miami Valley Drive Centerville, OH 45459 in conference Room 1315. Ample parking located in C lot in the rear of the Hospital. Please do not park close to the hospital in D lot as this is reserved for patients. Turn left at the information desk when you enter the Total Joint and Spine entrance/Tower Entrance. Go past the gift shop and turn left at the cafeteria. Room 1315 is located adjacent to the cafeteria.

**Continuing Education Units:** 8 CEU hours pending for physical therapists through the OPTA and occupational therapists through the OTPTAT board.